



WHAT TO DO NEXT

checklist

NOW

TO SEND US :-

- SIGNED "VOLUNTEER AGREEMENT"
- DEGREE CERTIFICATE / UNIVERSITY ID
- PASSPORT SIZE PHOTO
- CRIMINAL RECORD (FOR EDUCATION PROGRAM ONLY)

Send to: volunteer@thopportunities.org

TO DO:

- BOOK FLIGHTS TICKETS
- APPLY FOR VISA
- START FUNDRAISE (OPTIONAL)
- CHECK VACCINES SUGGESTIONS AND REQUIREMENTS (IF ANY)

ONE MONTH BEFORE:

- ONLINE ORIENTATION GET
- VACCINES (OPTIONAL) GET TRAVEL
- INSURANCE (OPTIONAL) GATHER
- SUPPLIES (OPTIONAL)

ONE WEEK BEFORE

- PAY FULL PROGRAM FEE (FOLLOW THE PAYMENT GUIDE PDF)
- SHARE FLIGHT INFO WITH US
- PACK YOUR SUITCASE
- SEND US A PASSPORT SIZE PICTURE FOR ID

ONCE YOU GET HERE

- FACE TO FACE ORIENTATION
- EXCHANGE MONEY/ WITHDRAW
- GET LOCAL SIM
- GET SCHOOL / HOSPITAL ID

For quick help: WhatsApp: +255 716 264 985. Or +255 763 270 264



Visa Application

To volunteer with Tanzania Health Opportunities (THO), you need to apply for an **Ordinary Visa** (single entry) with the purpose: **Humanitarian and Charity Activities**.

👉 Official government visa application link:

<https://immigration.go.tz/>

👆 ONLY USE THIS ONE 👆

🏠 **Visa fee:** \$50

📝 When filling the application, please use the following information:

Email: info@thopportunities.org

Host Full Name: Tanzania Health Opportunities (THO)

Relationship: Volunteer

Phone Number: +255 716 264 985

Address: Mikocheni, Dar es Salaam

Where to stay: Private Residence

📄 Required documents to upload:

-**NGO Certificate**

-**Invitation Letter** (we will provide this to you- just let us know)

If you need any assistance with the visa process, feel free to contact us.

Looking forward to welcoming you to Tanzania!

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